

Aurora Barbarians Rugby Club CODE OF RUGBY

Everyone involved with Aurora Barbarians RFC, whether as a player, coach, referee, administrator, parent or spectator is expected to uphold the Core Values of our sport:

Teamwork • Respect • Enjoyment Discipline • Sportsmanship

- Play to win but not at all cost.
- Win with dignity, lose with grace.
- Observe the Laws and regulations of the game.
- Respect opponents, referees and all participants.
 - Reject cheating, racism, violence and drugs.
 - Value volunteers and paid officials alike.
 - Enjoy the game.



- 1. Play for enjoyment and become part of the rugby family.
- 2. Respect the 'Game of Rugby' and play within the Laws of the Game.
- 3. Accept the referee's decision and let your captain or coach ask any relevant questions.
- 4. Play with control. Do not lose your temper.
- 5. Always do your best and be committed to the game, your team and your club.
- 6. Be a 'good sport'. Applaud all good play whether by your team or the opposition.
- 7. Respect your opponent. Treat all players as you would like to be treated. Do not 'bully' or take advantage of any player.
- 8. Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.
- 9. Remember that the goals of the game are to have fun, improve your skills and feel good.
- 10. At the end of the match thank your opponents and the referee for the match.
- 11. Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- 12. Winning and losing is part of sport: Win with humility lose with dignity.
- 13. As part of the team it is important that you attend training regularly and listen to your coach and help your team.
- 14. As a team sport it is important to understand that all members are important to the team!
- 15. Remember you are representing your team, club, family and the Game of Rugby.



- 1. Remember that as a coach of an 'age-grade team' you are acting 'in loco parentis' and that you have a duty of care to all your players.
- 2. Lead by example young people need a coach they can respect as a Role Model.
- 3. Be generous with your praise and never ridicule, shout at players for making mistakes or losing a match.
- 4. Teach your players that the Laws of the Game are mutual agreements which no one should evade or break.
- 5. Ensure that you are appropriately qualified by gaining the relevant coaching accreditation for your particular level.
- 6. Be reasonable in your demands on the players' time, energy and enthusiasm.
- 7. Encourage respect for all participants team mates and opponents, as well as match officials.
- 8. Create a safe and enjoyable environment in which to train and play.
- 9. Always follow professional medical advice in determining when an injured player is ready to play again.
- 10. Develop policies for your club / team to agree procedures regarding discipline, injury prevention & treatment, team selection etc.
- 11. Be responsible and ensure you uphold the ethos of the game and the IRFU.
- 12. Support the IRB and Rugby Canada Child Welfare Policy and all policies regarding Children in Sport.



Code of Conduct for Parents and Spectators

- 1. Remember, young people play rugby for their enjoyment, not only yours.
- 2. Encourage your child always to play by the Laws of the Game.
- 3. Teach young children that honest endeavour is as important as winning, so that the result of each game is accepted without disappointment
- 4. Help young people to work towards skill improvement and good sportsmanship.
- 5. Set a good example by applauding good play on both sides.
- 6. Never ridicule, humiliate or shout at young players for making a mistake or losing a match.
- 7. Do not place emphasis on winning at all costs.
- 8. Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement.
- 9. Support all efforts to remove verbal & physical abuse from rugby.
- 10. As a spectator do not use profane language or harass referees, coaches or players.
- 11. Do not publicly question the referee's judgement and never their honesty.
- 12. Recognise the value and importance of volunteer referees and coaches.
- 13. Identify and acknowledge the good qualities of the Game of Rugby and uphold these values.
- 14. Remember you and your child's contribution to the Game of Rugby is very important and be proud of your contribution.
- 15. Understand the value of team sport and its importance.